

Assumption of Risk, Liability Waiver & Terms of Participation

Version 1.0 · Effective October 4, 2026

Organizer: Mirage Society & Yoga, operated by Bloom Business Consulting Inc., Ajax, Ontario

Applies to: All classes, sessions, workshops, sound baths, micro-retreats, social gatherings and events

Booking platforms: Momence, Ticket Tailor and any other platform Mirage uses to take registrations

This Assumption of Risk, Liability Waiver and Terms of Participation (this "Agreement") is made between you (the "Participant", "you" or "your") and Mirage Society & Yoga, operated by Bloom Business Consulting Inc. (the "Organizer", "Mirage", "we" or "us"), in connection with your registration for and attendance at any class, session, workshop, sound bath, retreat, gathering or event offered, hosted or promoted by Mirage, in person or online (each an "Event"). **Please read this Agreement carefully before completing your registration. It affects your legal rights, including your right to sue or claim compensation following an accident.** By checking the acceptance box or signing below, you confirm that you have read, understood and voluntarily agree to be bound by each of the terms set out here. This Agreement applies to every Event you attend until you withdraw it in writing or it is replaced by an updated version.

1. Nature of the Events and Assumption of Risk

Mirage Events may include, without limitation: yoga, somatic and slow-flow movement, Pilates and strength work; Red Light X Yoga™ and other practices held in darkness, dim or coloured (including red) light; breathwork, meditation and guided reflection; sound baths using crystal and brass singing bowls and other instruments; outdoor and off-site retreats; creative or craft activities such as bouquet-making involving botanical and floral materials; and social gatherings where food and beverages may be served.

You acknowledge that participation carries inherent risks, whether arising from the activities themselves, the setting, or the premises where an Event takes place. These risks include, without limitation:

- Physical risks associated with movement practice, including muscular strain, sprains, joint discomfort, dizziness, fatigue, overheating, loss of balance, falls and, in rare cases, serious injury;
- Sensory and emotional responses to sound, breathwork, darkness or coloured light, including auditory or light sensitivity, headaches, disorientation, light-headedness or the surfacing of emotion;
- Environmental and weather-related conditions at outdoor or off-site Events, including uneven or natural terrain, changes in temperature, sun exposure, precipitation, and insects or wildlife;
- Risks incidental to handling botanical, floral or craft materials, including minor cuts, scrapes, thorns and skin sensitivity;
- Risks related to consuming food and beverages, as described in section 5;
- General hazards of partner venues and private property, including stairs, pathways, gardens and structures that may not be maintained to the standard of a commercial fitness facility.

You voluntarily assume all such risks, known and unknown, foreseen and unforeseen, that may arise from your participation, whether occurring before, during or after the scheduled Event hours, and wherever they arise on the Event premises.

2. Wellness and Medical Disclaimer

You acknowledge that Mirage's facilitators — including Serash Sana Akhtar and any other contracted instructors, guides or practitioners — are trained wellness practitioners. They are not licensed physicians, psychiatrists, psychologists, dietitians or other regulated healthcare professionals, and nothing offered, said or demonstrated at an Event constitutes medical, psychological or nutritional diagnosis, advice or treatment. Events are not, and are not intended to be, a substitute for professional medical or psychological care.

If you are pregnant or postpartum, recovering from injury or surgery, sensitive to light or sound, or living with a cardiovascular, respiratory, musculoskeletal, neurological, seizure-related or mental health condition, we recommend that you consult a physician before participating. You are responsible for disclosing to Mirage, in advance, any condition, injury, allergy, sensitivity or dietary restriction relevant to your safe participation, and for keeping that information up to date.

3. No Guarantee of Results

Mirage makes no promise, representation or guarantee that participation will produce any particular physical, mental, emotional or wellness outcome — including, without limitation, reduced stress or cortisol, improved sleep, flexibility, strength, muscle tone, weight change, pain relief or emotional release. Any results you experience are individual and depend on many factors outside our control, including your diet and nutrition, sleep, stress, lifestyle, consistency in attending and following the practices and routines recommended, pre-existing and other health conditions, medications, age and genetics.

Descriptions of benefits, research references and testimonials shared on our website, social media or at Events are general and illustrative only. **Mirage is not responsible for your outcomes, or for any lack of the results you hoped for.**

4. Release and Waiver of Liability

In consideration of being permitted to participate in any Event, you, on behalf of yourself and your heirs, executors, administrators and legal representatives, hereby release, waive and forever discharge Mirage Society & Yoga and Bloom Business Consulting Inc., its principal Serash Sana Akhtar, its directors, officers, facilitators and contracted instructors, employees, agents, contractors, volunteers, food and beverage vendors, partner venues and the owners, operators and staff of any property where an Event is held (collectively, the "Released Parties"), from any and all liability, claims, demands, actions or causes of action arising out of or in connection with your participation in any Event — including claims for personal injury, illness, allergic reaction, death, or loss of or damage to property — **however caused, including by the negligence of a Released Party**, save and except for damages caused by the wilful misconduct of a Released Party.

You further agree to indemnify and hold harmless the Released Parties against any claim, loss or expense arising from your own acts or omissions during any Event.

5. Food, Beverages and Ingredients

From time to time Mirage may offer food, snacks and beverages — such as herbal tea, mocktails, signature drinks and light refreshments — prepared by Mirage or supplied by third-party vendors and partner venues. You acknowledge and agree that:

- Items may contain, or be prepared in spaces that also handle, common allergens and irritants, including peanuts, tree nuts, dairy, eggs, wheat and gluten, soy, sesame, fish, shellfish, mustard, sulphites, caffeine, herbs and botanicals. Ingredient information we provide is given in good faith but may not be complete, and cross-contact cannot be ruled out;

- You are solely responsible for informing Mirage of any allergies, intolerances or dietary restrictions before the Event, for asking about ingredients, and for deciding whether to consume anything offered. Consumption is entirely voluntary and at your own risk;
- Mirage and the Released Parties are not responsible for any allergic reaction, illness, intolerance, digestive upset or other adverse effect arising from food or beverages consumed at an Event, nor for items not meeting your taste, dietary or personal preferences;
- Menus and offerings may change without notice, and food and beverages are a complimentary part of the experience unless stated otherwise. No refund, credit or substitution is owed because of the food or beverages offered;
- Where alcoholic beverages are served, they are offered only to guests of legal drinking age in Ontario (19+), must be consumed responsibly, and may be refused at our or the venue's discretion.

6. Personal Responsibility

You are solely responsible for assessing and monitoring your own physical and emotional limits throughout every Event, including regulating your own nervous system's response to movement, breathwork, darkness, light and sound. You are encouraged to modify any posture or movement, to rest, to step outside, or to abstain from any portion of an Event at any time, without needing to explain your reasons. You are responsible for wearing attire and footwear appropriate to the setting, for your own hydration and pacing, and for your personal belongings, which you bring at your own risk.

7. Payments, Cancellations and No Refunds

All bookings and purchases are final and non-refundable. No refund, credit or exchange will be given for cancellations, no-shows, late arrival, early departure, removal under section 9, weather at outdoor Events that proceed as scheduled, changes of plans, or dissatisfaction with an Event, facilitator, venue, music, food or beverage. Mirage may, at its sole discretion and without obligation, allow a booking to be transferred to another eligible person on request before the Event.

If Mirage cancels an Event, we will offer a credit toward a future Event or, at our discretion, a refund. Mirage may change facilitators, venues, schedules or programme content when needed, and such changes do not entitle you to a refund. Nothing in this section limits any right you may have that cannot be excluded under applicable law.

8. Photography, Videography and Digital Media

Mirage and photographers or videographers working on its behalf will photograph, film and record audio at Events. You consent to the capture of your image, likeness, voice and participation, and grant Mirage the irrevocable, perpetual, worldwide and royalty-free right to use, edit, reproduce and publish that content, in any medium, for any lawful purpose — including our social media channels (such as Instagram, TikTok, Facebook and YouTube), website, newsletters, advertising, print materials, press, and the channels of our partner venues and collaborators.

All photographs, video and other media captured at Events are and remain the sole property of Mirage, including all copyright. No compensation is owed to you for any use of your image or likeness, you have no right to approve the finished content, and you waive any moral rights you may have in it.

Events are public gatherings, and photography and filming take place throughout. **Mirage cannot control who appears in photos or video and is not able to exclude individual participants from content.** By attending, you accept that you may appear in any photographs, video or audio captured, including in group and background shots. If you do not wish to be photographed or filmed, please do not attend.

Out of respect for others, please do not photograph or film other participants during practice without their consent.

9. Conduct and Venue Rules

You agree to follow the instructions of facilitators and the rules of each venue, and to treat other participants, staff and property with respect. Mirage may refuse entry to, or remove from an Event, any person who appears to be impaired, acts unsafely or disruptively, or does not follow these terms, without refund.

10. Eligibility to Participate

By registering, you represent that you are at least eighteen (18) years of age, have the legal capacity to enter into this Agreement, and that the information you provide to Mirage in connection with your registration — including any health and emergency contact information — is accurate and complete.

11. Privacy

Health, dietary and emergency contact information you provide is collected with your consent through our booking platforms and handled in accordance with our Privacy Policy at miragesociety.co/legal/privacy.

12. Governing Law

This Agreement is governed by the laws of the Province of Ontario and the federal laws of Canada applicable therein. You attorn to the exclusive jurisdiction of the courts of Ontario in respect of any dispute arising from this Agreement.

13. Severability, Entire Agreement and Electronic Acceptance

If any provision of this Agreement is found by a court of competent jurisdiction to be invalid or unenforceable, that provision will be severed and the remaining provisions will continue in full force and effect. This Agreement, together with your registration, constitutes the entire agreement between you and Mirage regarding your participation in Events. Your acceptance by way of a checkbox, electronic signature or click-through on Mومence, Ticket Tailor or any other booking platform is intended to be legally binding to the same extent as a handwritten signature.

[] I have read, understood and voluntarily agree to this Assumption of Risk, Liability Waiver and Terms of Participation in its entirety — including the release of liability (including for negligence), the no-refund policy, the food and beverage terms, and the photography and media release — and I confirm that I am 18 or older and am choosing to participate in Mirage Society & Yoga Events of my own free will and at my own risk.

Name (printed): _____

Signature: _____

Date: _____

Event(s): _____